



What's New

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 METRO RING COLOR SHEETS

Hello - Our August In-Stitches Quilt Class has been scheduled for Wednesday, August 21, 2024, at 10:00 a.m. Please let us know if you will be attending by contacting the Extension Office at 606-348-8453. You can also email Joy, Vicki, or me.

Happy Stitching! Debbie
Debbie.Shepherd@uky.edu
Joy.McGinnis@uky.edu
Vicki.McDonald@uky.edu





Metro Rings (Part I)

Wednesday, August 21, 2024 @ 10:00 a.m.

Wayne County Extension Office
Downstairs Meeting Room

Please arrive by 9:30 a.m. to start setting up your sewing station.

Class will begin at 10:00 a.m. prompt!

Please register so we can be prepared for you.

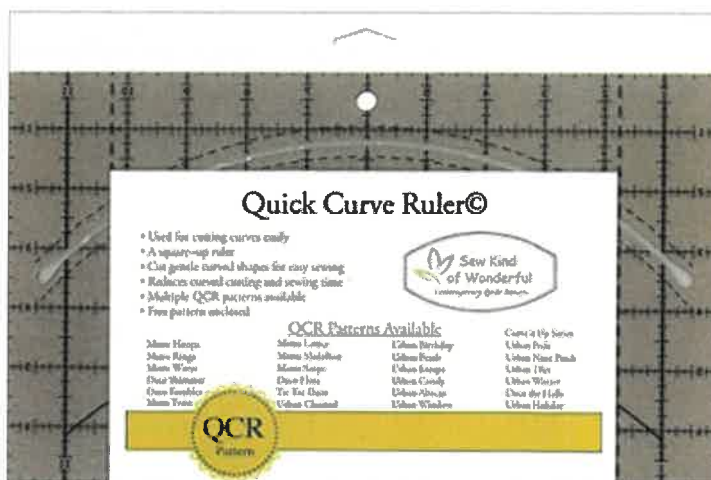
Don't forget your items for Show & Tell!

- Metro Rings is an intermediate piecing class.
- Supplies needed for class: (Pattern & ruler can be found on Amazon and other quilt supply sites.)
 - 10 inch or larger square up ruler (if you have one)
 - 1 jelly roll or 35 ~ 2 ½ inch WOF assorted prints
 - 5 yards background fabric
 - ½ yard EACH of 2 coordinating fabrics for setting triangles
 - 4 ¾ yard backing fabric (this is for the back of your quilt and not necessary for class)
 - ½ yard for binding (this is for finishing your quilt sandwich and not necessary for class)
 - Sewing machine in good working order
 - Standard sewing supplies; seam ripper, scissors, sewing machine thread, pins, etc.
 - Optional: Cutting mat, rotary cutter

PATTERN



RULER



- As always, if this is not the project for you, please bring a project to work on and come join us for the day!
- **Lunch - We will be providing Mexican Chicken (flavorful but not hot spicy) & drinks.**
 - **We will need:**
 - **Sour cream**
 - **Shredded sharp cheddar cheese**
 - **Chopped green onions**
 - **Tortilla chips**
 - **Any other sides & desserts**
- If you have had the safe food handling class, please feel free to bring a dish to share. If you haven't, please feel free to bring something pre-packaged or prepared. You are also very welcome to bring your own lunch. We will provide drinks. If you have the recipe for what you bring, please bring it and give it to Vicki so we can share it in the newsletter.



Upcoming Classes:

- **September 18th - Metro Rings Quilt - Part II**
- **October 16th - Metro Rings Quilt - Part III (if needed) or Sit & Sew**



Melonie Eubank

Extension Master
Clothing Volunteer
Russell Springs
Class of 2018

From A Quilter's Point of View

I have been quilting for people for about 3 years now and I have been handed some quilt tops that were virtually impossible to put through a long arm. I thought some suggestions might help you have a more beautifully quilted quilt and save some headaches for your quilter!

- 1) First and foremost. I am a believer in washing all fabric purchased from a store before using; whether it be for apparel wear or quilting. If there is any shrinkage, let it be done in the beginning, not after it's been put into a garment or quilt!
- 2) **Problem:** Long threads left uncut on the front or back of the quilt top. If long threads are left on the quilt top, the needle of the long arm will get caught up with those threads causing the machine to get bogged down and will most likely break the needle. **Solution:** Make sure all loose threads are trimmed short.
- 3) **Problem:** Quilt pieces where stitching has come apart. Examine your quilt top carefully before delivering to the person to quilt it. **Solution:** Fix any stitching that has come apart. The quilter does not have time to "fix" your quilt.
- 4) **Problem:** Your backing is not large enough for your quilt top and you have to piece it. **Solution:** Seam the pieces together horizontally so that your seam will slide through frame easier. When cutting the backing for your quilt top to be quilted on a long arm, ALWAYS allow 4-5" longer on all sides than the quilt top. The long arm is designed to stretch the quilt as much as needed to have a nice look, so you will need some extra fabric on all sides for stretching.

5) **Problem:** Borders too long. Borders that are too long will cause “bunching up” causing the quilter to have to fold the border in certain places and quilt over them. This does not make a pretty quilt. **Solution:** Measure each side of your quilt top and cut borders exactly that length and stitch on. Then measure the top and bottom of the quilt. Cut borders exactly that width and stitch on. You will have borders that fit your quilt top exactly and there will be no “bunching up”.

6) **Problem:** Skipped stitching, tiny, tiny stitches. This is usually because there are different fabrics used within your quilt. Using stretch fabric with cotton, or polyester with denim, etc. will cause the long arm needle to not work correctly, causing stitching to not be uniform and pretty. **Solution:** Use 100% cotton pre-washed fabric when piecing quilts so that a needle appropriate for cotton can be used. If you are piecing t-shirts for a quilt, the quilter will know to use a stretch or jersey needle, etc.

Hopefully, these “tips” are helpful to you AND your quilter, and you will have beautifully quilted quilts that will be passed on to future family generations!



Pillow Case Class

August 22, 2024

10:00 a.m.-3:00 p.m.

Downstairs Meeting Room

MUST REGISTER!

Skill Level - All (Beginners can do this!)

Participants need to bring:

- Sewing machine in good working order.
- Basic sewing supplies: thread, scissors, pins, etc.

Supplies needed:

- 2 yards focus fabric
- 1 yard coordinating fabric
- Neutral thread

Please bring your own lunch (refrigerator & microwave available) or plan to utilize one of Monticello’s many restaurants.



**A Stitch in Time:
History of Vintage
Quilt Blocks
DAR Liberty Star Block**



Joy McGinnis



FCS Program Assistant

Through the years, women have been closely connected with political issues. Women listened to the men, and from their discussions, formed their own opinions. Their needles became their pens; their quilts their texts.

Patriotic quilts have been made ever since the Revolutionary War. They portrayed love for one's country and celebrated American heroes such as George Washington and Abraham Lincoln. Quilts featuring the American Eagle enjoyed wide popularity from the late 1780's until the 1840's, were revived during the Civil War and again for our country's Bicentennial.

Women used quilt designs to make their political statements. Patterns, which for years had Biblical or household names, were given relevant names by women who had social concerns on their minds. The pattern known as Jacob's Ladder became the Underground Railroad. The renaming of the Job's Tears pattern to Slave Chain demonstrated northern women's political sentiments.

Source: National Park Service -Quilt Discovery Experience





S'Mores Casserole

Submitted by: Bethe Bryant

Ingredients:

- 2 Eat or Bake Chocolate Chip Cookie Dough (24 ct. each)
- Hershey bars
- 4 cups marshmallows (mini size)
- Graham crackers
- 1 cup chocolate chips (semi-sweet)

Steps for Baking:

- Preheat oven 375 degrees.
- Spray baking dish lightly with PAM.
- Lay out chocolate chip cookie dough to cover bottom.
- Top cookie dough with Hershey bars.
- Layer graham crackers on top of Hershey bars.
- Layer mini marshmallows on top of graham crackers.
- Pour some semi-sweet chocolate chips on top of marshmallows.
- Crumble extra graham crackers over top of all.
- Bake 25-30 minutes.

Enjoy!



2024 Quilt Show of the Little Mountains

Presented by:
Contented Heart Quilt Guild

Labor Day Weekend 2024

Friday, August 30 ~ 9:00 a.m.-5:00 p.m. EDT
Saturday, August 31 ~ 9:00 a.m.-4:00 p.m. EDT

Admission: \$5 per person
Children under 12: Free
Aspire Center

90 Airport Rd., Monticello, KY 42633
Phone: 606-340-9362

"I don't need to get organized. I just need a bigger sewing room!"

American Patchwork & Quilting (allpeoplequilt.com)

Debbie Shepherd

Debbie Shepherd
Wayne County Extension Agent
for Family & Consumer Sciences
DS/vm



Website:
wayne.ca.uky.edu



Wayne County Cooperative Extension
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