



**VOL. 2024-01**

**Cooperative Extension Service**

Wayne County

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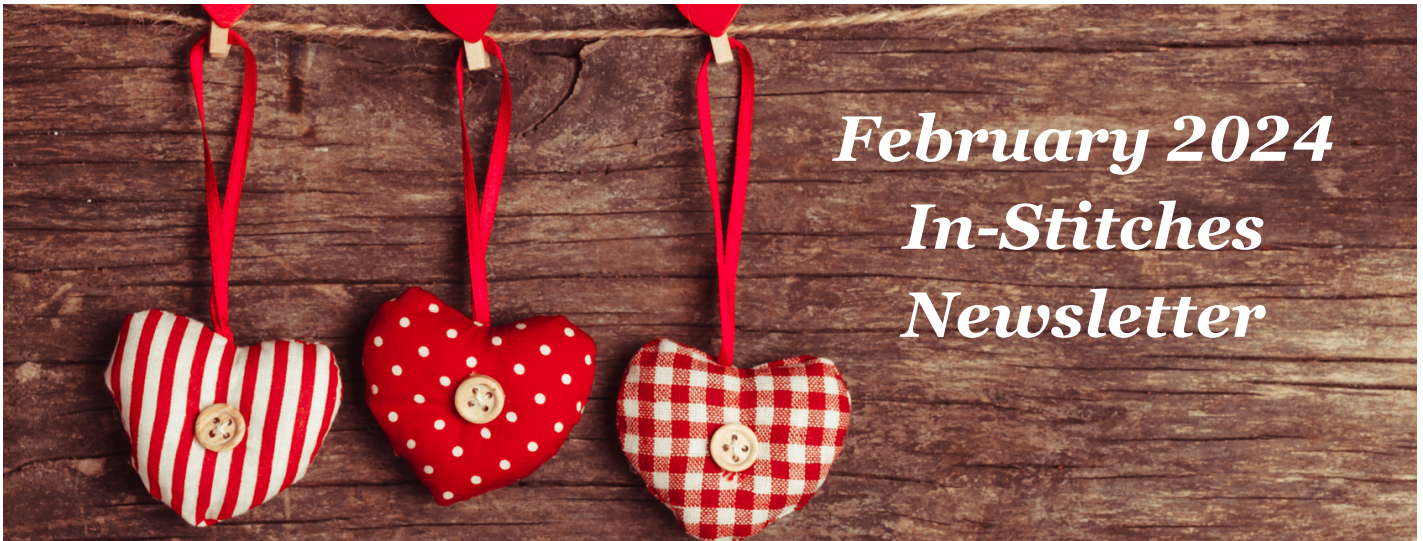
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Extension Family and

Consumer Sciences



*February 2024  
 In-Stitches  
 Newsletter*

***What's New***

HELLO FROM FCS AGENT,  
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Hello - Our February In-Stitches Quilt Class has been scheduled for Wednesday, February 21st, at 10:00 a.m. Please let us know if you will be attending by contacting the Extension Office at 606-348-8453. You can also email Joy, Vicki, or me.

Happy Stitching! Debbie

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## Still Stripping - Nine Patch Party Quilt

Wednesday, February 21st @ 10:00 a.m.

Wayne County Extension Office

Downstairs Meeting Room

**Please arrive by 9:30 a.m. to start setting up your sewing station.**

**Class will begin at 10:00 a.m. prompt!**

**Please register so we can be prepared for you.**

*Don't forget your items for Show & Tell!*

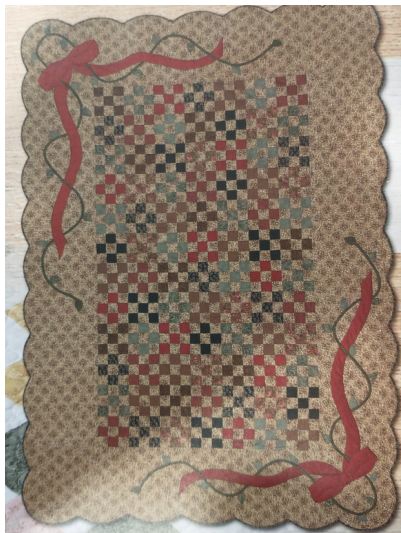
Over the next few months, we will be doing various quilt projects from “Still Stripping” book by Eleanor Burns, Quilt in a Day.

The “Still Stripping” book is available at the Extension Office at the discounted price of \$15.00.

- Information for fabric selection, quilt project size, and cutting instructions to be prepared for class are found on pages 66-69 of your Still Stripping Book.
- You can choose to complete one block, wall-hanging, lap, twin, full/queen or king size quilt project! A size to fit everyone!
- If you come with your squares and rectangles cut, you may get your top completed in a day depending on the size you choose.
- Cutting instructions for the size of quilt project you choose are found on pages 68-69.
- We will be learning a new quick-piece method for assembling our nine patches.
- This is a quick pieced adorable quilt! *You will love how fast it goes together!*
- Pick your favorite color way, choose planned or scrappy, and come join the fun!



**Wall Hanging**



**Twin**



**Wall Hanging**

As always, if this is not the project for you, please bring something of your choice and join us for a fun day of sewing and fellowship!

If you have had the safe food handling class, please feel free to bring a dish to share. If you haven't, please feel free to bring something pre-packaged or prepared. You are also very welcome to bring your own lunch. We will provide drinks. If you have the recipe for what you bring, please bring it and give it to Vicki so we can share it in the newsletter.

Please call the Extension Office at 606-348-8453 to register so we can be prepared for you.



# Jabez Quilt Seminar Highlights





# Spiced Applesauce Bread

Submitted by: Pat Dill

## Ingredients

- 1 1/4 cups applesauce
- 1 cup white sugar
- 1/2 cup vegetable oil
- 2 eggs
- 3 Tbsp. milk
- 2 cups all-purpose flour
- 1 tsp. baking soda
- 1/2 tsp. baking powder
- 1/2 tsp. ground cinnamon
- 1/4 tsp. ground nutmeg
- 1/4 tsp. ground allspice
- 1/4 tsp. salt
- 1/2 cup chopped pecans



## Directions

1. Preheat oven to 350 degrees F (175 degrees C). Lightly grease a 9x5 inch loaf pan.
2. In a large bowl, combine the applesauce, sugar, oil, eggs and milk; beat well. Sift in the flour, baking soda, baking powder, cinnamon, nutmeg, allspice and salt; stir until smooth. Fold in the pecans. Pour batter into prepared loaf pan.
3. Bake in preheated oven for 60 minutes, or until a toothpick inserted into center of the loaf comes out clean.

# Gingerbread Cheesecake Dip

Submitted by: Bethe Bryant

## Ingredients

- 8 oz. cream cheese, softened
- 1/4 cup brown sugar
- 1/4 cup powdered sugar
- 3 Tbsp. molasses
- 1 tsp. ground ginger
- 1 tsp. ground cinnamon
- Dash nutmeg
- 4 oz. Cool Whip, thawed
- Graham crackers for serving



## Directions

1. Beat cream cheese until smooth.
2. Pour in sugars and molasses and beat until smooth and combined.
3. Add spices and mix until combined.
4. Beat in Cool Whip.
5. Transfer to serving dish and chill until ready to serve.
6. Serve with graham crackers for dipping.

# Marinated Black Eyed Pea Salad

Submitted by: Bethe Bryant



## Ingredients

- 4 cans black eye peas, rinsed & drained
- 1 red bell pepper, finely chopped
- 1 yellow bell pepper, finely chopped
- 1/2 onion, finely chopped
- 2 jalapenos, seeded & finely chopped
- 2 Tbsp. chopped fresh parsley
- 1 clove garlic, minced
- 1/2 red wine vinegar
- 2 Tbsp. balsamic vinegar
- 1/4 cup olive oil
- 1 tsp. salt
- 1 tsp. ground black pepper
- 1/2 tsp. ground cumin



## Directions

1. Mix together peas, peppers, onion, jalapenos, parsley, and garlic in a large bowl.
2. Whisk together red wine vinegar and balsamic vinegar in small bowl. Gradually pour in olive oil, whisking constantly to thoroughly blend with vinegar. Stir salt, black pepper, and cumin into dressing until combined.
3. Pour dressing over vegetable mixture, tossing to coat evenly. Cover and chill 3-4 hours.
4. Stir gently just before serving.

# Butterscotch Brownies

Submitted by: Brenda Guinn



## Ingredients

- 1/4 cup butter, melted
- 1 cup brown sugar
- 1 egg
- 3/4 cup All-Purpose flour
- 1 tsp. baking powder
- 1/2 tsp. salt
- 1/2 tsp. vanilla
- 1/2 cup pecans, chopped



## Directions

1. Preheat oven to 350 degrees.
  2. Mix butter, sugar, and egg together in a medium-size bowl.
  3. Mix together flour, baking powder, and salt. Add to butter mixture.
  4. Stir in vanilla and pecans.
  5. Spoon into well-greased 8" baking pan.
  6. Bake for 25 minutes.
- Note: May double recipe. Use 13x9" baking pan.



**Joy McGinnis**



**FCS Program Assistant**

## **A Stitch in Time: History of Vintage Quilt Blocks**

### **Double Wedding Ring**



Though the Double Wedding Ring pattern was first published in the United States in the early 1920s, the quilt pattern can be found as early as the late 19th Century. The Double Wedding Ring quilt pattern has long been a symbol of love and romance with its interlocking rings symbolizing marriage.

### **Wayne County Extension Homemaker Cultural Arts Competition**

Our Extension Homemaker Cultural Arts competition is coming up at the Wayne County Extension Office in February. There is a wide variety of categories offered, so please enter your handcrafted items. Items must have been completed during the last 2 years. The first-place winners will advance to the Area Cultural Arts Competition. **All homemakers that paid dues by the December 1, 2023 deadline are eligible to enter.** We want your best. Stop by the Wayne County Extension Office to pick up a list of exhibit categories. The schedule is as follows:

- Wednesday, February 14, 2024 - Entry Day - 9:00 a.m.-1:00 p.m. - Upstairs Meeting Room
- Thursday, February 15, 2024 - Viewing Day - 8:00 a.m-4:30 p.m.
- Friday, February 16, 2024 - Pick-up Day - 8:00 a.m.-12:00 noon.



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US Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410



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