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Cooperative Extension Service

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March 2024 In-Stitches Newsletter

What's New

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STARS & NINE PATCH
 COLOR SHEET

Hello - Our March In-Stitches Quilt Class has been scheduled for Wednesday, March 20, 2024, at 10:00 a.m. Please let us know if you will be attending by contacting the Extension Office at 606-348-8453. You can also email Joy, Vicki, or me.

Happy Stitching! Debbie
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Stars & Four Patches Quilt

Wednesday, March 20th @ 10:00 a.m.

Wayne County Extension Office

Downstairs Meeting Room

Please arrive by 9:30 a.m. to start setting up your sewing station.

Class will begin at 10:00 a.m. prompt!

Please register so we can be prepared for you.

Don't forget your items for Show & Tell!

Over the next few months, we will be doing various quilt projects from “Still Stripping” book by Eleanor Burns, Quilt in a Day. The “Still Stripping” book is available at the Extension Office at the discounted price of \$15.00.

Stars & Four Patches Quilt

March 20, 2024 ~ Part I

We will be creating the pieced blocks and assembling them.

April 17, 2024 ~ Part II

We will create and assemble the Seminole Border.

- Information for fabric selection, quilt project size and cutting instructions to be prepared for class are found on pages 119-121 of your Still Stripping book.
- You can choose to complete one block, wall hanging, lap, twin, full/queen or king size quilt project. A size to fit everyone!
- Please come with your squares and rectangles cut.
- Fabric needs and cutting instructions for the size of quilt project you choose are found on pages 120-121.
- **Remember** when cutting **LABEL** and keep your pieces in zippy bags or separated so you can keep your pieces organized.
- This is a lovely quilt and fun to make! Pick your favorite color way, choose planned or scrappy and come join the fun!



As always, if this is not the project for you, please bring something of your choice and join us for a fun day of sewing and fellowship!

If you have had the safe food handling class, please feel free to bring a dish to share. If you haven't, please feel free to bring something pre-packaged or prepared. You are also very welcome to bring your own lunch. We will provide drinks. If you have the recipe for what you bring, please bring it and give it to Vicki so we can share it in the newsletter.

Shop Hop!

April 30, 2024

Registration Deadline: April 23, 2024

We will travel to various quilt shops and have lunch out! We will be departing from the Extension Office at 8:30 a.m. EST. Please arrive by 8:00 a.m. to fill out required Risk Management paperwork. You will need an emergency contact person with working phone number. Return time will be later that evening.

Those who wish to carpool for this adventure may do so but you are required to register and DRIVER & PASSENGERS are REQUIRED to complete the Risk Management form as well.

There is no registration fee. However, you are responsible for your personal shopping and lunch. You will need to wear good comfortable walking shoes. Please dress in layers for your comfort and bring an umbrella in case of rainy weather.

If you register and then find you cannot attend, PLEASE let us know so we can fill your spot! Preference will be given to **ACTIVE** In-Stitches members first. If we still have spaces available, we will open it up to others.







Fabric Dyeing Gradation Technique

This dyeing technique allows you to dye small batches of fabric (5 fat quarters or slightly larger) resulting in a gradation of color ranging from light to dark. If you are a quilter or crafter consider giving this method a try for your next project. It's fun and even a little addictive.

Fabric and Preparation

One and a half yards of white 100% cotton woven fabric will provide six fat quarters (18"x22"), you will need only five. The sixth fat quarter might be used to do some sample test dyeing if needed. Wash the fabric but do NOT use fabric softeners. Dry the fabric, if using a dryer do NOT use a dryer sheet.

Dye and Immersion Technique

Purchase a bottle of liquid dye for cotton fabric. Dye can be found at craft stores or large retail stores, look in the craft department. The dye along with water will be placed in five plastic gallon zip bags. When using this method to dye fabric there will be some patterning on the fabric. In other words, the fabric may not be a solid color but will have lighter or darker areas.

Supplies Needed

1 bottle liquid dye (8 oz. will do a lot of dyeing)

14 cups of HOT water

Bucket or pan to hold the water

¼ cup salt

2-3 drops of dish detergent

Glass measuring cup

5 plastic, gallon size zip bags

Rubber/plastic gloves

Plastic tote- large enough to hold five, one gallon size bags containing liquid





Fabric Dyeing Gradation Technique (Continued)



Directions:

Preparation

In a bucket or pan mix 14 cups hot water (tap water should work if it is very hot) and salt, stir, add a few drops of dish detergent, stir. Place five zip bags in a plastic tote, measure 2 cups of the water mixture and pour in the first bag. In the remaining four bags measure and pour 3 cups of water into each bag.

Dye

Shake the bottle of dye and measure 1 tablespoon, pour into the first bag. Measure another tablespoon and place in a glass measuring cup.

Fill to the 1 cup mark with hot water. Stir.

Pour half of the dye (1/2 cup) into the second bag.

Refill the glass with hot water to the 1 cup mark.

Pour 2/3 cup into the third bag.

Refill the glass with hot water, pour 2/3 cup into the fourth bag.

Refill the glass with hot water, pour all the remaining liquid into the last bag.

Fabric

Place one fat quarter into each bag, close and gently squeeze the water and fabric in each bag. Continue to squeeze or massage the bags occasionally for the next hour. The less you manipulate the fabric the more patterning the fabric will have. The fabric will look darker than the final results. The fabric will lighten somewhat after rinsing and washing. Fabric may be left in the bags longer, even overnight but the dye loses its potency after an hour.

Wearing rubber gloves, rinse each fat quarter with cold water until the water runs clear. Wash all the fabric in a washing machine with warm water and laundry detergent. Dry. The fabric is ready to be used in your project.

*The zip bags can be rinsed out and used again.



Joy McGinnis

FCS Program Assistant

A Stitch in Time: History of Vintage Quilt Blocks Irish Chain

Ruby Edwards & Polly Sartin pieced this Triple Irish Chain



Irish Chain quilts have a rich history that dates to the 18th century. It is believed they were created here in America by Irish immigrant women who settled here. According to quilt historian, Barbara Brackman, the earliest known date for this pattern in American quilting dates to 1814. She believes this pattern could have been inspired by a weaving design. The same pattern was found in Ireland by a different name.

“I cannot count my day complete ’til needle, thread, and fabric meet.” ~ Unknown

Debbie Shepherd

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Disabilities accommodated with prior notification.

Stars & Nine Patch Color Sheet

