

# MARCH 2025

## In-Stitches Newsletter

Volume 2025-03



### HELLO FROM FCS AGENT, DEBBIE SHEPHERD

#### *Happy St. Patrick's Day!*

Our next class has been scheduled for Friday, March 21, 2025, at 10:00 a.m. ET. This will be a "Sit & Sew" class. Please let us know if you will be attending by contacting the Extension Office at 606-348-8453. You can also email Joy, Vicki, or me.

#### *Happy Stitching!*

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## **March's Class ~ "Sit & Sew"**

**Friday, March 21, 2025 @ 10:00 a.m.**

**Wayne County Extension Office**

**Downstairs Meeting Room**

**Please arrive by 9:30 a.m. to start setting up your sewing station. Class will begin at 10:00 a.m. prompt!**

**Please register so we can be prepared for you.**

***Don't forget your items for Show & Tell!***

**March's In-Stitches Class will be a Sit & Sew class. Bring your unfinished projects or any fun project you'd like to work on and join the fellowship and fun!**

**Please bring your own lunch. We will provide drinks.**

## **NOTE: Date change for April's Class**

**April's Class ~ "Love Spools" Part 2**

**Friday, April 25, 2025 @ 10:00 a.m.**

**Wayne County Extension Office**

**Downstairs Meeting Room**

**May's Class ~ Hexi Flower Table Runner**

**Friday, May 16, 2025 @ 10:00 a.m.**

**Wayne County Extension Office**

**Downstairs Meeting Room**

**See Pages 3 & 4 for class information.**

# Friday, May 16th ~10am Honeycomb Table Runner!

Class Fee: \$5 – Includes pattern & two acrylic templates  
Please come to class with strips cut and labeled.

## Yardage & Cutting

Pink  $\frac{2}{3}$  yard  
(3) 4  $\frac{1}{2}$ " strips  
Binding (3) 2  $\frac{1}{2}$ " strips

Gray  $\frac{1}{4}$  yard  
(1) 4  $\frac{1}{2}$ " strip

Green  $\frac{1}{4}$  yard  
(1) 4  $\frac{1}{2}$ " strip

Yellow  $\frac{1}{8}$  yard  
(1) 2  $\frac{1}{2}$ " strip

White  $\frac{3}{8}$  yard  
(2) 2  $\frac{1}{2}$ " strips

Border (3) 2" strips

Backing  $\frac{1}{2}$  yard  
Batting 20" x 48"



14" x 42" Honeycomb  
Table Runner –  
Eleanor Burns  
Signature Quilt In A Day

*Please come to class with  
your strips cut.*



I added an extra border to the “pink” table runner.

On both, I used the background color only and did not add the “Gray” Hexi.

Keep in mind if you add borders or change something, it changes fabric requirements.

Please come to class with your strips cut.



**Get ready for spring with this fun HEXI Honeycomb Table Runner!**

**You can easily finish your top in a day! Pick out your favorite spring colors from your stash! Easy chain piecing makes this a quick one!**

**As always if this isn't the class for you, bring any project to work on and come join the fun & fellowship!**

**Lunch - We will be providing Ham/Turkey/Pimento Cheese sandwiches & drinks. We will need: Sides & Desserts**

**If you have had the safe food handling class, please feel free to bring a dish to share. If you haven't, please feel free to bring something pre-packaged/prepared! You are also welcome to bring your own lunch.**

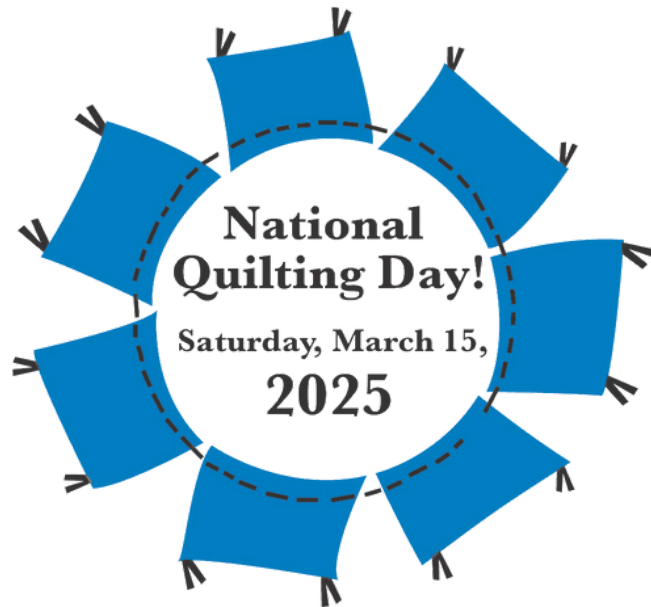
**Please share your recipe with us if you bring a homemade item so we can put it in the next newsletter.**



**Joy McGinnis**

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*FCS Program Assistant*



**March 15, 2025 is National Quilting Day!! Celebrate!!**

### **The History of National Quilting Day**

**In 1989, the Kentucky Heritage Quilt Society organized a “Quilters’ Day Out” on the third Saturday of March to celebrate the rich tradition of quilt making in Kentucky. In 1991, National Quilting Association officers were so enthused with the concept and success of “Quilters’ Day Out” that they voted to take it to a national level.**

**The first National Quilting Day was observed in 1992 and since then it has grown into a global celebration for all quiltmakers and quilt lovers. Helen Storbeck, one of the founders of National Quilting Day, wrote in The Quilting Quarterly, “Groups of quilters were encouraged to hold special events, publishers and shop owners were invited to sponsor promotions especially for quilters and it quickly became a grassroots endeavor with quilters in every part of the country participating. In the first year of National Quilting Day, quilters in other countries asked to participate. They were welcomed with open arms. As our feelings of a community network has evolved to include a world community, it is only appropriate that quilters and quilt lovers everywhere united to give recognition to the special art form.”**

**Source: <https://quiltalliance.org/nationalquiltingday/>**

## Ideas to celebrate National Quilting Day:

### Share a Quilt

Inspire and comfort your neighbors this weekend by displaying a quilt outside your home or in a window. Post photos of your display on social media with the tag #nationalquiltingday so the Quilt Alliance can share them on Instagram and Facebook.

### Share Your Quilting Skills

Offer to teach a simple quilt project to a school, 4-H, scout, or other youth group, or spend the day passing along your love of quilting to your children, grandchildren, nieces, nephews, or neighbors.

### Save Quilt Stories

Organize a quilt history day or a quilt documentation project. Invite members of the community to share their quilts and documents with the quilts for your state documentation project. If you don't have a state project, work with other quilters in the state to start one! A good place to start is with your local or state historical society or search the internet for quilt documentation projects.

### Document Your Quilts

Three Steps to Documenting a quilt. Keep their story from fading away.

- Label your quilt. Include, at minimum: maker's name, date completed, location made, maker or owner's contact information.
- Take photos of your quilt. Take an overall photo, front and back, a photo with the maker/owner standing alongside the quilt, and several details including the label.
- Write down your quilt's story. Include, at minimum, the information you wrote on the label. Add additional physical details (size, fiber content, materials, care...), history of the maker, purpose of the quilt, influence or inspiration.



# Label That Quilt!

## Labeling Ideas for Quilts You Make

*The sky's the limit when you're labeling your latest quilt. Remember, not every label has to have every item below -- but when it comes to labeling quilts, more is more! Labeling your quilt is an important way to keep its history from fading away.*

### Information about you:

**Your name** – Include as much of your name as you'd like, including family names or any nicknames you go by.

**Other makers' names or recipients names** – Who else helped make this quilt? Did you use a longarm service? Was the quilt made as a gift for someone?

**Location** – Where the quilt was finished, started, or worked on, or where you live

**Why you made this quilt** – Was it for a quilt show? A gift? To use up a certain fabric? To practice a technique after taking a class? To experiment? What inspired you?

**What else is happening in the world, or in your world** – For example *"made during the Covid-19 pandemic"* or *"made as a healing quilt after Steve's illness"*

### Information about the quilt:

**Date** – Typically, the finish date, but you can also include the date you started – sometimes they're decades apart :)

**Title of the quilt or quilt pattern** – Whether it's a published pattern or your own creation

**Materials and technique** – This might include type of fabric/fiber, fabric designers or collection names, thread and batting details, cost of fabric

Labeling ideas from  
the Quilt Alliance

[www.quiltalliance.org](http://www.quiltalliance.org)

(quilts are historical documents!), number of stitches, hours spent on the quilt, etc.

**Photos** – Of you, of the recipient, of the quilt's inspiration, or anything else

**And more** – Care and washing instructions, thank-you notes, exhibition information, whether the quilt is part of a series... and anything else you want to include

## Labeling Ideas for Quilts Made by Someone Else

*Do you have a family quilt, a quilt you purchased, or a gifted quilt without a label? Add a label to it today! This can feel difficult if you don't have a lot of information. Write down everything you think you know, and indicate if it's something you're sure about or just an educated guess.*

**Date** - when you received or purchased the quilt and/or when you think it might have been made (based on family history, information from the seller, or your own research)

**Location** – If you know (or suspect) the location where it was made, include it. Also include the location where you acquired the quilt

**Who made the quilt** – If it's a guess, that's ok!

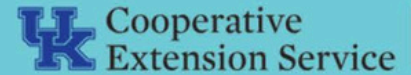
You can say *"said by my family to be made by my great-grandmother, Effie Barnes. She lived from 1901-1971. She changed her last name from 'Parker' in 1932, so it was made sometime after that year"*

**Any other information about the quilt that you received or know about -- include it!** Even if it's a guess or something you're not sure about, write that down. It's ok to say "maybe" or "probably"

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**13 Ways to Label a Quilt:** Machine or hand embroider a label – print your label on printable fabric sheets – write on muslin with an archival marker – write or embroider directly on the quilt – piece the label into the back of the quilt (or the front!) – add your signature on a tag sewn into the binding – order custom labels from someone – make the whole quilt one big label – add a flap over your label to hide a secret message – print a QR code on the label that links to your website, a photo, or a video of you talking about the quilt – write the information on paper and sew on a pocket for it – sew a triangular label into the corner – order a custom stamp and archival ink

There are still spots available for this retreat. If you are interested in going, the 1st and 2nd deposit (\$600) will be due by March 15th. Travel insurance is available, but optional. Contact the Extension Office for travel insurance contact information.



## JOIN OUR MISSOURI STAR QUILT RETREAT September 8-12, 2025



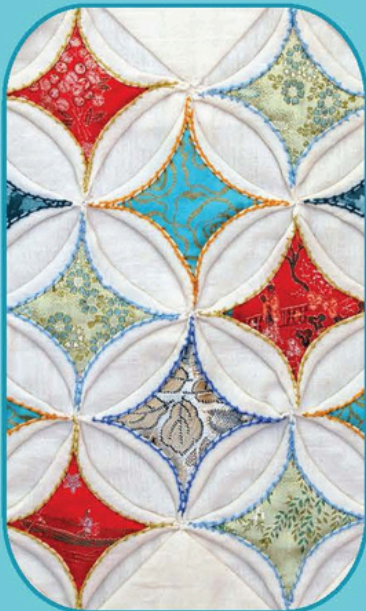
**COST: \$1,075.00 Per Person**

This includes:

- 4 nights lodging at the retreat center.
- Use of the retreat center for sewing.
- Motor coach travel.
- All meals ~ except the days of traveling to and from the retreat center.

Any fabric purchases or other personal expenses are on your own.

RETURN DATE: Friday, September 12, 2025



- **\$300 Deposit due NO LATER THAN January 31st.**
- **These are non-refundable as they must be sent to the retreat center, and it is non-refundable to us.**
- **Another \$300 will be due March 15th.**
- **Balance is due July 1st.**

You can rent a sewing machine there, but it is an extra \$75.00 or you can take your own.

Spaces are limited, so register soon!  
Your spot will not be reserved until your deposit has been made.

Please make checks payable to: Wayne County Extension Office  
Memo: Missouri Star Retreat  
For more information, please call 606-348-8453.

*An Equal Opportunity Organization.*



# **Feather Weight Workshop!**

**Monday, May 19, 2025**



**10 am or 6 pm**

**(please indicate which time session you are attending when you register)**

**Wayne County Extension Office**

**Downstairs Meeting Room**

**Registration Required: \$25**

**Class size limited: registration is held when payment is received**

**Make checks payable to: Wayne County Extension Office**

**Memo: Feather Weight Workshop**

**Class will be approximately two hours long.**

**Dave & Sue Kinnaird of Dave's Feather Weights will be our instructors for this informative workshop!**

**They really enjoyed their time in Monticello during the Little Mountain Quilt Show and are excited to return to teach this class!**

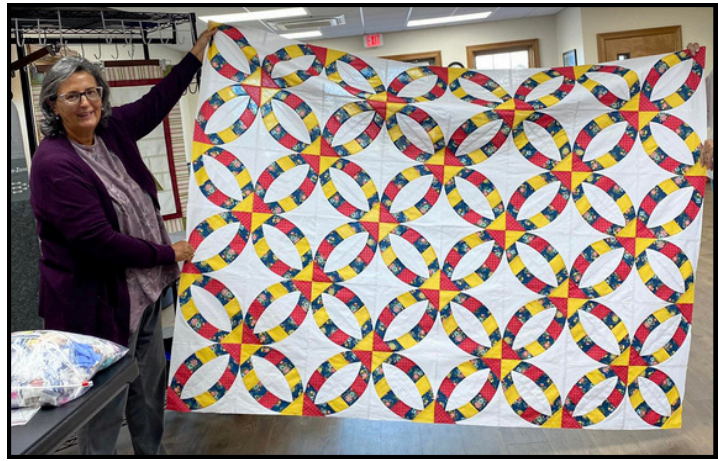
**Participants will learn all about the workings of their Feather Weight machine. This is a hands-on learning skills class set at the pace of the individual participant.**

**Dave & Sue will have available for sale LED light bulbs, belts, etc., for those who need items their Feather Weight machines.**

**In addition, if there is a particular Feather Weight year or style you are looking for, please let us know and we will share it forward.**

**We are very excited to be offering this long-awaited workshop!**

**Register soon for your spot!**



*Debbie Shepherd*

**Debbie Shepherd**  
Wayne County Extension Agent  
for Family & Consumer Sciences  
DS/vm



Scan the QR Code to  
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