KENTUCKY COOPERATIVE EXTENSION

UK MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT
KSU COLLEGE OF AGRICULTURE, COMMUNITY AND THE SCIENCES

FAMILY & CONSUMER SCIENCES
Creating Healthy & Sustainable Families

VOL. 2023-10

October 2023 In-Stitches Newsletter

What's New

Hello – Our October-Stitches Quilt Class has been scheduled for Wednesday, October 18th, at 10 a.m. Please let us know if you will be attending by contacting the Extension Office at 606-348-8453. You can also email Joy, Vicki, or me.
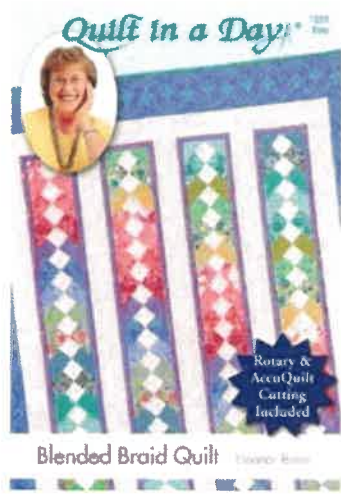
Happy Stitching! Debbie

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Blended Braid Quilt

Blended Braid (Part 2)
Wednesday, October 18th @ 10:00 a.m.
Wayne County Extension Office
Downstairs Meeting Room
**Please arrive by 9:30 a.m. to start setting
up your sewing station.
Class will begin at 10:00 a.m. prompt!
Please register so we can be prepared for you.**

Don't forget your items for Show & Tell!

Blended Braid Part 2 - October 18, 2023

Pattern & wedge ruler will be $10 ($5 for pattern & $5 for ruler).
Fabric requirements and cutting instructions are included in this newsletter.
We will also be featuring plans & information for our November project: "Northern Star"

As always, if this is not the project for you, please bring something of your choice and join us for a fun day of sewing and fellowship!

If you have had the safe food handling class, please feel free to bring a dish to share. If you haven't, please feel free to bring something pre-packaged or prepared. You are also very welcome to bring your own lunch. We will provide drinks.

20th Annual Quilt Seminar
January 16-20, 2024
Cave City Convention Center
Cave City, KY

Registration closes December 15, 2023 (or when capacity is reached). Registration details online at https://laurel.ca.uky.edu/JQS. Stop by the Extension Office to pick up a catalog.

Community Service Opportunity!

We need your help! Items needed for our Head Start LEAP Christmas program.
We are asking for donations of the following items:

- Preschool age books
- Boxes of jumbo size Crayola crayons (please only Crayola)
- Boxes of Crayola fat size markers
- Decorative pencils,
- "Treasures" (matchbox cars, hair bows/ties, etc.)
- Gloves or mittens

Please keep in mind age appropriate and choking hazards for this age group (3 & 4 year old). Things if you were a little kiddo you'd get excited about. We will be preparing 50 bags. Please bring your items to the Extension Office by December 12th.
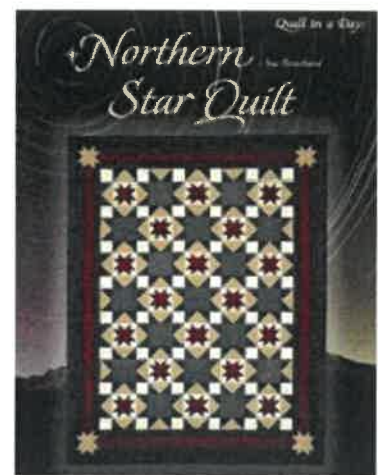
Giant Thank You!

We will be hosting a Head Start Christmas LEAP program here at the Extension Office on December 14th. If you have your extension volunteer background check, we would appreciate some help that day from 9:00 a.m. until 10:30 a.m. Let me know if you have any questions and would like to lend us a helping hand!

Thank you ~ Debbie & Joy

November In-Stitches Dates:

- Wednesday, November 1st - Part I of Northern Star
- Friday, November 10th - Sit & Sew and Binding Class
- Wednesday, November 29th - Part II of Northern Star
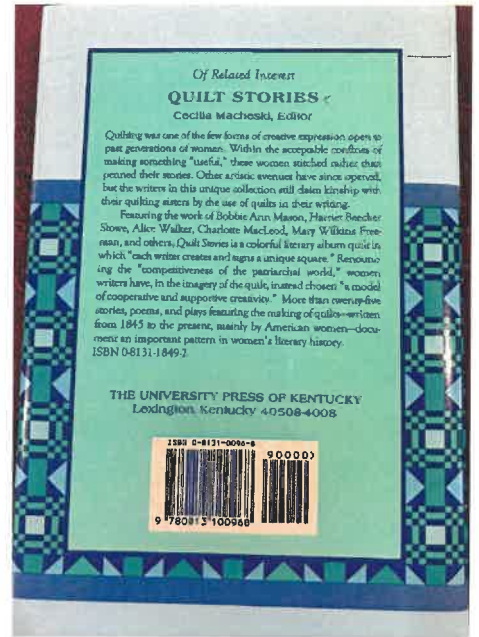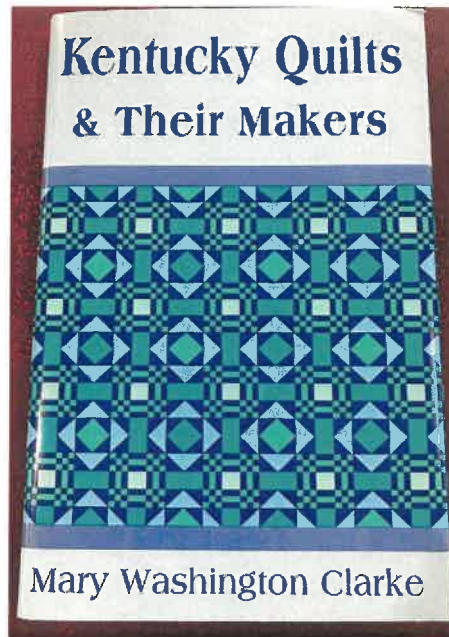- December - No Meeting!

Joy McGinnis

FCS Program Assistant

Recommended Reading

Kentucky has significantly and diversely contributed to the quilting industry in America, which continues to enjoy widespread popularity. Mary Clarke examines here the state of the craft in Kentucky. Reading this was both educational and enjoyable.

Kentucky Quilts & Their Makers

Mary Washington Clarke

Of Related Interest

QUILT STORIES
Cecilia Macheski, Editor

Quilting was one of the few forms of creative expression open to past generations of women. Within the acceptable confines of making something "useful," these women stitched rather than penned their stories. Other artistic avenues have since opened, but the writers in this unique collection still claim kinship with their quilting sisters by the use of quilts in their writing.

Featuring the work of Bobbie Ann Mason, Harriet Beecher Stowe, Alice Walker, Charlotte MacLeod, Mary Wilkins Freeman, and others, *Quilt Stories* is a colorful literary album quilt in which "each writer creates and signs a unique square." Renouncing the "competitiveness of the patriarchal world," women writers have, in the imagery of the quilt, instead chosen "a model of cooperative and supportive creativity." More than twenty-five stories, poems, and plays featuring the making of quilts—written from 1845 to the present, mainly by American women—document an important pattern in women's literary history.
ISBN 0-8131-1849-2.

THE UNIVERSITY PRESS OF KENTUCKY
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**Wayne County Cooperative Extension
Family and Consumer Sciences**

Quilt in a Day's Blended Braid Quilt by Eleanor Burns

Taught by Laurie Lou Hood, a Certified Quilt in a Days Teacher

This quilt is officially labeled "Easy", and it is so true! You may coordinate and cut your own fabric strips or start with a precut 2 ½" roll to save time and minimize fabric waste. A bonus advantage, the Quilt in a Day Wedge ruler is the perfect template for cutting your wedge pieces and squares.

Checklist of Basic Supplies Needed for Class:

- ☐ Sewing machine, power cord and foot pedal.
- ☐ ¼" seam foot or your preferred method for achieving an accurate ¼" seam.
- ☐ Thread – neutral or to coordinate with your fabrics.
- ☐ Rotary mat and sharp rotary cutter.
- ☐ Fabric scissors, thread clippers, seam ripper and stiletto.
- ☐ Straight pins and fabric clips.
- ☐ Iron and pressing mat.

Each student will receive the required pattern and wedge ruler in class.

Fabrics Needed:

NOTE: **Strips are approx. 42" wide or the width of fabric from the bolt from selvage-to-selvage edge.**

A 2 ½" roll is a coordinated set of forty 2 ½" selvage to selvage strips.

Your choice of quilt size...

	Baby Quilt 45" x 50"	Lap Quilt 54" x 78"	
2 ½" Roll or 2 ½" Strips	One 2 ½" Roll or (13) 2 ½" Strips	One 2 ½" Roll or (18) 2 ½" strips	
Framing Border	½ yard Cut to (12) 1 ¼" strips	½ yard Cut to (12) 1 ¼" strips	
2 ½" Squares Lattice	¾ yard Cut to (39) 2 ½" squares and (6) 2 ½" strips	1 1/8 yards Cut to (72) 2 ½" squares and (9) 3 ½" strips	For Class time
Border	2/3 yard Cut to (5) 4 ½" strips	1 ¼ yards Cut to (6) 6" strips	
Binding	½ yard Cut to 3" strips	2/3 yard Cut to (7) 3" strips	
Backing	3 yards	4 yards	For Completing your Quilt
Batting	52" x 58"	68" x 86"	

Quilt in a Day's Blended Braid Quilt by Eleanor Burns

Taught by Laurie Lou Hood, a Certified Quilt in a Day Teacher

Fabric/Color Order Reference Chart

When cutting wedge pieces, save the fold and selvage pieces that were trimmed from the strips. Use a glue stick or tape to place the scrap pieces from the fabric strips onto the chart in the order you prefer for your first braid. This will be your "control" reference.

Once you've fixed your fabric scraps in place, use a pencil to mark the sections that will be rotated with each braid progression.

Braids may shuffle after 2, 3, 4 or 5 fabrics. This will depend on your specific fabrics. Choose where your colors or pattern naturally breaks.

Start Braid #4

Start Braid #3

Start Braid #2

Start Braid #1